

10th Feb 2026

Healthy Schools Programme leading to Slough Healthy Schools Status

Subject: Next Steps After Registering for the School Health Check

Dear Colleagues,

Thank you for registering for the online toolkit research-backed, national and internationally used [**School Health Check**](#).

This toolkit helps schools self-validate against the 4 core health themes of Healthy Schools:

- Personal, Social, Health and Economic (PSHE) Education
- School Food
- Healthy Lifestyles
- Social, Emotional and Mental Health (SEMH).

I am pleased to share the next steps to help you get started and make the most of the Healthy Schools Programme.

1. Account Verification

You should receive an email shortly to **verify your account**. Please follow the instructions in that message to activate your access.

2. Access to the School Health Check Framework

Once your account is verified, you will be able to access the toolkit. Schools that have already registered should receive access by the end of this week.

3. Training Registration – Essential

To support you in navigating and using the School Health Check effectively, it is **essential** that you register to attend the School Health Check training session. Training details and registration links will be shared separately—please keep an eye on your inbox.

The training is critical to ensure your school can confidently use the toolkit and begin working towards the Healthy Schools Status/Award.

4. Reminders

School Health Check is free to **ALL** schools in Slough **i.e. primary, secondary, special school and independent schools**.

If you have any questions or experience any issues with account verification or access, please get in touch as below:

For technical enquiries please email schoolwellbeing@leeds.gov.uk or call **0113 3785254**

If you have any questions about the Healthy Schools in the meantime, have a look at the FAQ page [Frequently Asked Questions | Healthy Schools](#)

Notes:

(1) **The Link** website will serve as the main hub for communications, information, and support related to the Slough Healthy Schools Award. It will provide access to high-quality resources, examples of best practice in school health and wellbeing initiatives, and signposting to key services.

(2) It is highly recommended that schools create an account on **The Link** to access these features. If you are not already registered on **The Link**, please register using this link [Homepage | The Link](#)

For any other additional information

Please contact Slough Public Health team at PublicHealthSlough@slough.gov.uk

Thank you for your continued commitment to the health and wellbeing of children and young people. Your participation is key to ensuring the Healthy Schools programme makes a meaningful impact.

Kind regards
Shannu Pudaruth

Public Health Officer
Public Health & Public Protection Directorate
BSc, MSc, RNutr (Public Health), FRSPH
Public Health
Slough Borough Council
Observatory House | 25 Windsor Road | Slough | SL1 2EL
Email: shannu.pudaruth@slough.gov.uk