



Safer sleep can be as simple as ABC

NHS

Always sleep your baby... ...on their back... ...in a clear cot or sleep space.

Healthier Together
Improving the health of babies, children and young people throughout Primary

#WhosInCharge? #SafeSleep #ThinkPlanShare
Frimley-HealthierTogether.nhs.uk

Ascot | Bracknell | Farnham | Maidenhead | North East Hampshire | Slough | Surrey Heath | Windsor

Available Dates:

Monday 16th March 15.00-16.00

Friday 24th April 12.30-13.30

Thursday 21st May 09.30-10.30

Wednesday 17th June 13.00-14.00

SAFE SLEEP BITESIZE TRAINING

- Multi-agency training aimed at any practitioners and volunteers working with families, especially those visiting families at home.
- This is introductory training for those who are not routinely giving safe sleep advice and want to improve their knowledge and confidence.
- All sessions are delivered via MS Teams
- To book a place or for further information please contact us at frimleyicb.safeguarding@nhs.net